

**Family Friendly 5K Run
and Walk**

9:00 AM Thanksgiving

Thursday, November 24th, 2022

All proceeds from the Turkey Trot will benefit the Life's Connection Health and Education Center in Mukwonago and Waukesha.

Featuring:

- Chip Timing
- Homemade Treats • Colorful T-Shirts
- Age Group Awards • Participant Ribbons



The 11th Annual Turkey Trot is possible in part by the generous partnership of the following organizations:



JEWELRY CENTER

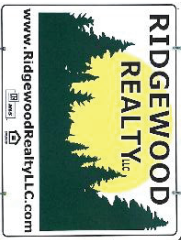


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Muskego Health and Wellness Center



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Start Line Location:

St. Leonard church. W173S7743 Westwood Dr. One block west of Lannon Road, and two blocks south of Janesville Road in Muskego.

Run begins promptly at 9:00 am. Walkers separate start 9:05am.

Dogs, strollers and wagons welcomed in walking portion of event only please.

Costumes encouraged!

Perks:

Chip Timing(runners only), T-shirt(register before Nov. 14), homemade cookies, chocolate milk, DJ, water on course, special prize for beating Fr. Dan's time! Turkey Trophies 1st - 3rd male and female winners. Age group awards. Awards ceremony follows the run.

Register Early to Save:

CIRCLE EVENT	THROUGH NOV. 1 st	NOV. 1 st – NOV. 22 nd	23 rd & DAY OF RACE
INDIVIDUAL WALKERS	\$15	\$20	\$25
FAMILY WALKERS (LIMIT 6)	\$55	\$70	\$100
INDIVIDUAL RUNNERS	\$20	\$25	\$35
FAMILY RUNNERS (LIMIT 6)	\$70	\$85	\$125
VIRTUAL RUNNERS	\$22	\$22	\$22

Sorry, we cannot mix registration of runners and walkers on a single team. It's fine to walk if registered as a runner.

Registration:

Online: *Runsignup.Com* Closes November 20th.

By mail: Please mail *early* or drop off at office Fill out the entry form, **one per participant including family registration.**

Mail to:

St Leonard's Turkey Trot W173S7743 Westwood Dr Muskego, WI 53150

Drive through packet pick up Nov 20th. Traditional Nov 23rd at St. Leonard School. See FB page or website for updates.

-shirts not guaranteed if registering after Nov. 14th.

Participant Registration

Last Name _____

First Name _____

Address _____

City _____ State _____ zip _____

E-Mail _____

Phone () _____ Age on Nov.24th _____

Circle one: Runner Walker

Gender: Male Female

T-shirt Size: (Circle one)

YMed YLg Small Med LG XL
XXL XXXL I do NOT want a t-shirt

Payment Information:

Cash _____ Check - Payable to St. Leonard Turkey Trot

Waiver: I know running is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I assume all risks associated with running or walking in this event including but not limited to falls, contact with other participants, the effects of the weather including rain, snow, ice traffic conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I for myself and anyone entitled to act on my behalf, waive and release St. Leonard Parish, St. Leonard school, the City of Muskego, race officials, all sponsors, their representatives and successors from all claims and liabilities of any kind rising from participation by me or any of my minor children in this event. I grant permission of all the foregoing to use any photog/raph, motion pictures, recordings, or other record of this event for any legitimate purpose

No refunds if the event is canceled due to weather.

Signature (Parent if under 18) _____

Emergency contact - _____ Number () _____